



## Project HEaRT

*-a chance to work in a meaningful context*

Want to gain work experience but hard to find a job?  
Want to learn new skills LIKE making a cup of coffee but not sure where to find opportunities?  
Want to meet people from different backgrounds and brush up your interpersonal skills?  
Want to do something meaningful while still at university?  
But want to take a break from your busy studies at the same time?

**Project HEaRT helps you achieve all these goals in one go!**

### What will you do?

Project HEaRT is a social inclusion platform exclusively for HKU students to join. YOU will have a chance to **join as a BARISTA (咖啡師), a CASHIER at cafe330, or an EVENT PLANNER** to promote healthy living and community support for people with mental disabilities.

### What will you gain?

You will have the opportunity to work with vocational trainees from New Life Psychiatric Rehabilitation Association and gain:

- (i) Deeper understanding of people with mental illness and their abilities
- (ii) Knowledge and experience in running social enterprises
- (iii) Work experience and practice in your communication and interpersonal skills
- (iv) Practical insights of running a marketing campaign
- (v) Opportunities to showcase your talents and creativity

### How much time is needed?

You will spend a minimum of 2 consecutive hours per week to work at cafe330 between 13 February and 21 April 2017 (except public holidays and Reading Week). The workplace is on-campus and the work schedule can be arranged to fit your own schedule. Visit [here](#) for more details.

### Bonus you can get:

CEDARS reward points will be awarded as a recognition of your contribution. Please visit [CEDARS Reward Scheme](#) for details.

### How to apply?

HKU students who can read and communicate in Cantonese are welcome to apply. **Please complete the [online application form](#) by 22 January 2017.** After being selected as Project HEaRT ambassadors, you will have the chance to indicate which Team you would like to join!

### What are you waiting for? APPLY NOW!

For enquiries, contact CEDARS Counselling and Person Enrichment (CoPE) SEN Support at 3917-8388 (phone) or [cedars-SEN@hku.hk](mailto:cedars-SEN@hku.hk) (email).