Each minute of every day, someone needs blood. Each of your donations can save at least 3 patients. Providing blood donors can donate twice or more annually, the city's local blood supply can be significantly stabilized. Act now!

### Basic criteria for blood donation

- Age between 16 and 60
- Weight over 41 kg (90 lbs or above)
- In good health

(Donors aged 61 or above can continue to donate until 70, if they make no less than one donation every 12 months. From age 66 onwards, an annual health assessment by BTS medical staff is mandatory)

### Pre-donation preparations

- Have sufficient sleep in the previous night
- Drink sufficient water and consume food within 4 hours before donation
- Wear with loose sleeves
- Bring your Hong Kong Identity Card (if available) or valid travel document

Donors can find whether they are due for donation in BTS website or eDonor. A simple quiz on preliminary eligibility is also available in our website.
服務時間 Service hours:
星期一至五上午十時至下午六時 (星期六、日及公眾假期休息)
10:00 am to 6:00 pm, Monday to Friday (Sat, Sun & public holidays closed)

地點：香港大學明華綜合大樓3樓323室
Address: Room 323, 3/F, Meng Wah Complex, HKU

查詢電話 Enquiries tel: 6392 5778
*註：如日後服務時間有所更改或服務需要暫停將會另行事先在輸血服務中心網頁公布，敬請留意。
*Remark: Prior announcement will be made in our website in case of future changes in service hours or service suspension.

香港大學校園捐血中心
The University of Hong Kong Campus Blood Donor Centre

我們在這裡！
3樓323室
上午十時至下午六時
(星期六、日及公眾假期休息)

We are here!
Room 323, 3/F
10:00am - 6:00pm
(Sat, Sun & public holiday closed)