

(FEBRUARY SPECIAL) Fighting for love – why do we argue so much in relationships?



“Why do we argue so much? Can we stop hurting each other?”

Couples fight in relationships. But what is fighting all about? Are there any tips to handle it when it happens?

Come and explore:

- why I am fighting with my partner
- how to handle fights with my partner

Relationship Workshop I: Fighting for love (FL1/14-15)

Date: 11 February 2015 (Wednesday)

Time: 6:00 pm – 7:30 pm

Venue: Room 403, Meng Wah Complex

Trainer: Ms. Heidi Tseng, Counsellor (Family and Marriage Therapist), CEDARS

Language: Cantonese

Class size: Minimum 12 / Maximum 25

Fee: \$20

Deposit: \$100

*English session is available upon request. Please email us at cedars-cope@hku.hk

[Registration](#) is at Room 408, 4/F, Meng Wah Complex on a first-come, first-served basis. For enquiries, please call 2857-8388 or email cedars-cope@hku.hk

Counselling and Person Enrichment (CoPE)

Centre of Development and Resources for Students (CEDARS)