

## Workshop on Effective Listening



Are you attentively “listening” to others’ views, or are you just “hearing” as people speak? Good listening is usually easier said than done. Join our workshop to identify communication barriers and practise effective listening.

Date: 13 October (next Monday)

Time: 6:00 – 7:30 pm

Venue: Room 411, Meng Wah Complex

Trainer: Ms Yoki Hung, Counsellor, CEDARS

Language: Cantonese

Class size: Minimum 12/ Maximum 18

Fee: \$20

Deposit: \$100 (refundable)

Register at <http://goo.gl/2wKFk1>

More Person Enrichment Workshops are available at [www.cedars.hku.hk/cope/workshops](http://www.cedars.hku.hk/cope/workshops) , come and check them out!

Counselling and Person Enrichment (CoPE)

Centre of Development and Resources for Students (CEDARS)