Accomplish the following in just **1.5 days** and be ready to present yourself with confidence anytime, anywhere:

- **Professional image building** – you are what you wear, so learn to dress well and leave a positive impression to others.
- **Social etiquette** – what is appropriate, and what isn’t? From hand-shaking and self-introductions to networking at cocktail parties, be a well-mannered lady/gentleman.
- **Western table manners** – from knives and forks to napkins and wine glasses, learn to enjoy your meal elegantly from salad to dessert.
- **Tailor-made feedback** – the small, interactive class ensures every student obtain individual advices about their outlook and etiquette.
- **Practise on the spot** – try the etiquette skills fresh with your classmates at a practical session. Experience a full-course western meal with your group to consolidate your learnings.

Date, Time & Venue:
6 Jan (Weds) 10:00 am – 1:00 pm & 2:00 – 5:00 pm (Rm. 411, Meng Wah Complex)
7 Jan (Thurs) 11:00 am – 2:00 pm (Senior Common Room, 14/F, K K Leung Building)

Language: Cantonese
Quota: 25 maximum
Fee: $200 (including a full-course western style lunch)
Deposit: $100 (refundable with FULL attendance)

Workshop Application
CEDARS-CoPE office (Room 408, 4/F, Meng Wah Complex)
Mon to Thurs: 9:00am-5:45pm
Fri: 9:00am-6:00pm
Sat: 9:00am-1:00pm

Enquiries: Tel: 2857-8388
Email: cedars-cope@hku.hk

CEDARS-Counselling and Person Enrichment