THE NAVIGATOR

Map your Goals and Aspirations
Build Confidence
Connect with your peers
Develop interpersonal skills

We are offering 12 scholarships to attend this unique 5 day sea kayaking program

Female Undergraduate or Postgraduate Students
Age: 18-25 years old

Course Date: Sat 26th-Wed 30th August

Application Deadline : Fri 21st July

Email: info@outwardbound.org.hk for an application pack

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'Growing and developing female talent and leadership is a key workforce strategy for the future'

The Navigator Program is a refined adaptation of an 8-day Empowering and Advancing Women in Leadership program we piloted in October 2016.

The revised 5-day sea kayaking program aims to address two key developmental needs which benefit female undergraduate and postgraduate students in Hong Kong.

The first deals with Gender Equality by creating learning opportunities for young women and helping them overcome barriers to navigating and advancing in their studies and future careers. [Link: World Economic Forum Gender Gap Future on Jobs Report]

Some of the barriers to change have been identified as women's confidence and aspirations, unclear career paths and lack of talent and leadership development for women.

'Employers look for young people who display strong self-management, problem solving, communication and leadership skills, as well as competence in working with others.'

The second addresses Employability and Pathways to Employment. There is an increasing demand for interpersonal and life skills training, particularly in preparing students for the workplace and future careers. Link: Outward Bound Trust of United Kingdom Social Impact Report 2014.

An Innovative Solution

In partnership with our generous sponsors and funding partners we are able to offer 12 scholarships which will provide students the opportunity to attend this unique and innovative program. Each individual scholarship for a five day Outward Bound journey is valued at **HK$ 5,250.00** per student.

The program is open to female students aged 18-25 years' old who are currently enrolled in any undergraduate or postgraduate degree at any university or recognised higher learning institute in Hong Kong.

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Application and Selection Process.

Students will need to complete the comprehensive motivation letter and provide a supporting reference letter from professors, teachers, faculty head, employer or mentor.

The selection panel will interview and select participants based on several criteria including but not limited to community service, financial need, character traits, extra-curricular activities, leadership experience and personal aspirations.

We aim to promote diversity and inclusion within the program and applicants from all ethnicities are encouraged to apply.

Important information and dates:

Please contact info@outwardbound.org.hk for an application pack.

The application deadline is **Friday 21st July 2017**

All applicants will be required to participate in an 'Experiential Selection Day'

Date: **Friday 28th July 2017**
Time :1.30pm-3.30pm
Location: Outward Bound Hong Kong 210 Tai Mong Tsai, Sai Kung, New Territories

Successful candidates will be notified of their scholarship and acceptance to the program on **Monday 1st August 2017**

Course Dates: **9am Saturday 26th- 4.30pm Wednesday 30th August**.

This course is an outdoor sea kayaking expedition. Participants will need to be available for the full course duration inclusively.

There will be an additional enrolment process for successful candidates which involves submitting a signed medical and enrolment form and attending a pre-briefing to further prepare for the course. This will be coordinated further once the section process is complete.

The Outward Bound Trust of Hong Kong Limited is a registered not for profit organisation who has been providing industry leading learning interventions for the past 47 years and in that time we have made a significant difference in the lives of and capabilities of thousands of people in Hong Kong.

The program will focus on four key outcomes:

Building Confidence by overcoming self-imposed limitations and growing personal capacity. We aim to develop a belief in one's capabilities to manage future prospective situations.

Goals and Aspirations: 'What do I want to achieve and how do I get there?' This will encourage participants to reflect on their journey, 'map' their goals and develop a practical action plan to apply learning and steps to achieve these goals.

'Having a Voice' Participants will engage in group discussions, debates, presentations and journaling. We use a structured approach centered around sensible self-disclosure, strength based feedback and appreciation.

Connection : This program aims to provide and an opportunity to network and a develop platform of peer support through mutual encouragement and a meaningful shared experience

Tentative Program Outline:

This is a five-day sea kayaking expedition which involves requires coordinated effort on participants' part and encourages interpersonal relationships.

Planning and executing their journey is a relevant metaphor for navigating challenging situations and achieving their goals. The sense of achievement that comes from persevering through adversity is well suited to build capacity and confidence.

There will be group discussions and reflective periods to consolidate the learning and transfer relevance to their day to day lives. We will introduce a practical journaling tool to help students reflect and remind them of their accomplishments.

The program will be facilitated and managed by our female instructors and program coordinator. This is part of our internal advancement and empowerment strategy and effectively positions our staff as role models and mentors for the duration of the course.

Key Elements of an Outward Bound Program

Safety is a core organizational value and we have comprehensive risk analysis and management systems, external safety committees and governance policies in place to ensure that programs are delivered safely and effectively and that we are accountable to these standards.

Expedition / Journey.

Expeditions and journey courses remove participants from the comfort of the known and challenge their limitations and assumptions in the outdoor environment. This allows students the opportunity to experience the consequences of their decisions in neutral yet challenging environment.

They are encouraged to exercise self and group responsibility, plan and set their own goals and exercise to be direct the course of their learning.

High Ropes /Rock Climbing Abseiling

The high ropes and height elements empower individuals to overcome their self-imposed limitations in a supportive and encouraging team environment. The elements test the group and individual capacity to work together to achieve their common goal.

Solo

This is a period of individual reflection conducted in a quiet and remote location removed from distraction. The activity is framed carefully to encourage participants to think carefully about their feelings, their goals, the direction and impact they wish to have in the future. This is an opportunity to review their course and evaluate the key learning which is transferrable to real life.

Raft Building

This activity tests the group's ability to process problems, to share ideas and find possible solutions. The group needs to implement the best solution and experience consequence in a safe and neutral environment. This is often framed as a crisis scenario where the group needs to use their resources efficiently, including assigning roles, responsibilities and communication clearly.

Final Challenge

The group concludes their program with an activity that requires consolidation of the skills they have acquired and practiced through the program. This is an opportunity for individuals and teams to experience success and accomplishment using the key learning they have acquired.

www.outwardbound.org.hk

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The Navigator Application Form

Course Dates: Saturday 26th August-Wednesday 30th August
Submit Completed Applications to info@outwardbound.org.hk

Personal Contact Details

First Name:	Last Name:
Contact Number :	Email Address:
HK ID Card Number :	Date of Birth:
Ethnicity :	

Referral Contact Details

First Name:	Last Name:
Contact Number :	Email Address:
Faculty/Company:	Position:

University / Educational Institute :
Expected Graduation Year:
Faculty/Major/ Course:

1) Motivation Letter from Student

Personal Profile and Character

Tell us about yourself and your interests. Students who have overcome obstacles related to health, family, social, educational or economic disadvantages are encouraged to apply. Any circumstance that shows strength of character and potential for achievement should be stated in your application.

10 Lines Maximum

Aspirations / Future Perspective

What are your study and career aspirations? What would you aim to achieve in the 5 day course? How would this program benefit you? Why you would be a suitable beneficiary for the program?

10 Lines Maximum

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Financial Need

We consider how students are financing their tertiary education. This refers to government grants, financial aid, scholarships or how many hours per week they work to subsidise their studies. The program is intended to benefit those who would not ordinarily have the opportunity to enroll in this type of program

10 Lines Maximum

Community Service

Service and Compassion are important Outward Bound Values. We consider not only involvement in community service but, more importantly, the impact your service has had on a particular individual or group. Any volunteerism, service learning, field-work or internships that show civic responsibility and engagement.

10 Lines Maximum

Leadership

We consider students with experience in leading groups and providing direction to others including teaching, training, organising, managing and carrying more responsibility on the part of a group or organisation. Being held in high regard by one's peers for being a role model through actions and deeds; and making improvements and achieving successes with or on behalf of others

10 Lines Maximum

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2) Referral Letter / Character Reference

A reference letter from a credible and contactable person (Teacher, Faculty, Employer, Counselor, Social Worker) which supports the motivation letter and should include but is not limited to the following:

Personality Traits & Interpersonal Skills

- Responsibility and reliability
- Demonstrating commitment and an ability to complete tasks, projects and challenges undertaken.
- Maintaining a positive attitude and is self-motivated
- A willingness to take on challenges and step outside of their comfort zone.
- Exhibits care and compassion for others
- Exhibits good judgment including privacy and confidentiality
- Ability to communicate clearly, share ideas and accept different points of view
- Ability to deal with and manage conflict appropriately

Leadership Potential

- An interest in leadership and gender parity
- Leadership experience either at work, in schools or with community groups
- Taken on a role working with a group of people
- Actually lead a group (motivated, facilitated and organised a group to achieve a task)
- Shows learning from experience
- Experience with Diversity and Inclusion

250 Words Maximum or Attached Word /PDF