

## **Humble Mission 'The Poem'**

Humble Mission is established by a group of HKU students in 2014, with an aim to contribute to the community by using the knowledge we have acquired. In 2015, we will start our first service project 'The Poem' in collaboration with St. James Settlement Central and Western Elderly Community Centre.

'The Poem' is a life story book publishing project. We will recruit 20 volunteers to be Humble Reporters. Humble Reporters will visit the elderly in the elderly centre and collect stories from them. Also, by giving 'Reminiscence Therapy' to the elderly, Humble Reporters can help the elderly assert their achievements in life. We will summarize all the stories and do the printing work. At the end of the project, elderly will have their own life story books called 'The Poem'.

We will provide a training to volunteers and volunteers need to attend all visits in Term 2. Do come and join us to show your love and care to the elderly!

## **Details of 'The Poem':**

**DATE**: 2015 Term 2: 6/6, 13/6, 20/6, 27/6, 11/7

TIME: 09:30-11:30

**VENUE**: St. James Settlement Central and Western Elderly Community Centre

11/F, Sheung Wan Municipal Services Building, 345 Queen's Road, Central,

Hong Kong

APPLICATION: https://docs.google.com/forms/d/1GlbSDksJlarl2khrNOqBljk 22sLEk-

uC1GAR-al3uQ/viewform?c=0&w=1

**APPLICATION DEADLINE: 30/4** 

For more information, please visit us at <a href="http://humblemission.org/">http://humblemission.org/</a>



## 謙行者「一・叟・詩」

謙行者由一群大學年青人於 **2014** 年成立。我們希望要小小的知識及行動回饋社會,把愛傳播到社區每個角落。

我們將於 2015 年推行「一·叟·詩」出版活動。「一·叟·詩」是一本為長者出版的生命書籍。每一本均是訴說著一個獨特的人生,希望把長者的智慧及故事存留,亦希望此書能藉以給長者一個肯定及安慰。我們與聖雅各福群會中西區長者地區中心合作,現招募 20 名謙記者,謙記者會到長者中心探訪長者,透過訪談和進行懷緬治療,記錄長者的故事。

我們會為義工提供義工訓練,義工需出席第二期共五次的探訪活動。我們誠意邀請你們的參與,與我們一起完成不同的「一·叟·詩」。

## 活動詳情:

日期: 2015年第二期:6/6,13/6,20/6,27/6,11/7

時間: 0930-1130

**地點:** 香港皇后大道中 345 號上環市政大廈 11 樓

聖雅各福群會中西區長者地區中心

報名: https://docs.google.com/forms/d/1GlbSDksJlarl2khrNOgBljk 22sLEk-

uC1GAR-al3uQ/viewform?c=0&w=1

截止日期:30/4

如果想知道更多資料,可瀏覽 http://humblemission.org/