

Life Mentor Scheme: Student Recruitment

1 Introduction

Do you know that that by 2031, one in every 4 people in Hong Kong would age 65+? Do you want to understand older people and do something for them?

Here is the opportunity! Join “*The Life mentor Scheme*” which is a UGC-funded cross-university co-curriculum project to promote intergenerational integration, with 2 specific objectives:

1. To enhance university students’ understanding of older people through direct contacts and reflective learning.
2. To help older adults feel integrated with their lives by recalling and sharing their significant life experiences.

2. What is “Life Mentor Scheme”?

Two undergraduates will match with a senior citizen (i.e. the life mentor) aged 60 and over from the community, engage in intergenerational contacts a few times to learn about the life mentor’s life experiences in two months’ time. You will then design and prepare a life story book illustrating important life events of your life mentor.

3. Support to You

1. Training will be provided on the needs of the older people, intergenerational communication skills, and the ways to prepare a life story book.
2. Subsidy for transportation fees & preparing the life story book: to be reimbursed with support of relevant receipts.
3. Certificate of appreciation to be presented at the Forum with Life Mentors (31/1/2015)

Registration Form

I _____ Agree / Disagree to participate in Life mentor scheme.

(1) Gender: Male / Female (2) Age: _____ (3) Mobile telephone no.: _____

(4) Email: _____ (5) Programme name: (e.g. BSW, BN) _____

(6) Department: _____ (7) University: HKU _____

(7) Address (For the use of matching you with life mentor living in the neighbourhood):

Signature: _____

Date: _____

(NB: Please return the Form to Carmen Ling by email lingchec@hku.hk on or before 17 Sept 2014)

4. Important Dates

Date	Event	Details
17 Sept, 2014 (Wednesday)	Deadline for application	
4 Oct, 2014 (Saturday)	am: Kick-off Ceremony & first contact with life mentors pm: Cross-university Training	Venue: CityU
Oct – mid Nov 2014	2-3 contacts with your life mentor	About 2 hours each
28/11/2014 (Friday)	Submission of life story book to teacher	
31/1/2015 (Saturday)	Forum with life mentors	<ul style="list-style-type: none">➤ Present life storybooks to life mentors➤ Sharing of experiences➤ Presentation of certification of appreciation to students

5. Enquiry:

If you are interested in the Life Mentor Scheme, please fill in the attached registration form and return to Carmen Ling at (lingchec@hku.hk) on or before 17 September, 2014. For enquiry, please contact Carmen Ling via email.

6. Project Team:

Dr. Alice Chong, Associate Professor, Department of Applied Social Sciences, CityU (Principal Investigator)

Dr. Vivian Lou, Assistant Professor, Department of Social Work and Social Administration, HKU

Dr. Angela Leung, Assistant Professor, School of Nursing, HKU

Dr. Justina Leung, Assistant Professor, School of Nursing, PolyU

Dr. Chi-ho Chan, Assistant Professor, Department of Social Work, CUHK