



MenstruAction PRESENTS:

# MENSTRUATION IN ACTION

AN EDUCATIONAL SERIES

5-12 Oct, 2018



**FORUM** | Taboo No More:  
Menstruation, Myth and  
Why it Matters

5 Oct (Fri) | 18:45-20:45  
CPD3.04, HKU



**WORKSHOP** | Make Your Own  
Menstrual Pad

9 Oct (Tue) | 18:45-20:45  
CPD LG.46, HKU



**SCREENING** | Menstrual Man:  
Documentary Screening  
and Discussion

12 Oct (Fri) | 18:45-21:00  
CPD3.04, HKU





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## FORUM | Taboo No More: Menstruation, Myth and Why it Matters

### Guest speakers



**Dr. Annie Chan**

Associate Professor,  
Department of Sociology  
& Social Policy, Lingnan  
University



**Siufung Law**

Genderqueer,  
transgender right  
activist



**Zoe Chan**

Founder, Happeriod

### Details



5 Oct (Fri)



18:45-20:45



CPD3.04, HKU

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## WORKSHOP | **Make Your Own Menstrual Pad**

Have you ever heard of alternative menstrual products like menstrual cups and reusable cloth pads? These options are not only eco-friendly, but also safe and economical!

**Join us** at this workshop to learn more about different choices of menstrual products and make a cloth pad by yourself! **All sexes and genders are welcome!**



9 Oct (Tue)



18:45-20:45 CPD LG.46, HKU



Guest | **Zoe Chan** Founder of Happieriod

**Free of charge!**

Quota: 20 (First come, first served)

**REGISTER  
NOW**



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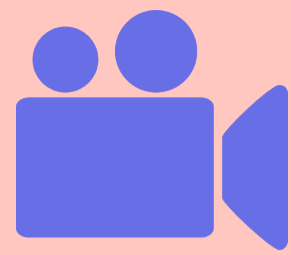


@menstruaction\_hk

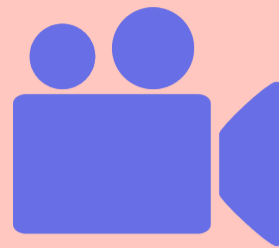


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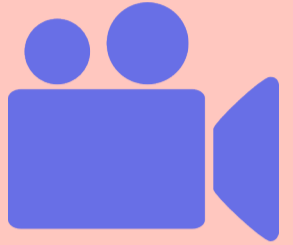


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## SCREENING | Menstrual Man: Documentary Screening and Discussion



Muruganantham is an Indian school-dropout who revolutionised menstruation in India. Realising that Indian women in rural areas like his wife use unhygienic substances like rags, leaves or even ashes instead of menstrual pads, he was determined to make menstrual pads affordable and accessible across India. This documentary, Menstrual Man, depicts Muruganantham's journey of accomplishing this lofty mission.



12 Oct (Fri)



18:45-21:00



CPD3.04, HKU

### Discussants |

**Dr. Izumi Nakayama**

Honorary Assistant Professor, Hong Kong Institute for the Humanities and Social Sciences

**Winnie Chow**

Travel blogger and founder of Girls Go Get - Pads Project

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