



Co-organisers
聯合主辦



October – November 2015
Street Run Training

31 January 2016
Final Challenge: Run to "U"

2015年10-11月
街跑訓練
2016年1月31日
跑向港大

WAY Youth.ROC 同行計劃 街跑少年

Connect with community, family, and people through Street Run

Come join if you are:

- 1) HKU Students; or
- 2) Families residing in the Aberdeen district; and
- 3) Eager to connect with the community and people.

Prior experience in running is not necessary but your determination to take it on is a must.

After the completion of the training, you will be able to finish a relaxing 8Km Street Run at least!

透過街跑運動，連結社區、家庭、及身邊的人

如果你是：

- 1) 香港大學學生；或
- 2) 住在香港仔的家庭；及
- 3) 渴望與社區連結，接觸不同的人，

跑步經驗不拘。只要你願意接受挑戰，參加訓練課程，你將可以輕鬆步伐，完成(至少)8公里街跑！



Deadline for online application: **25 September 2015** 請於9月25日前報名參加

Enquiry 查詢 / 2857 8387(HKU)

/ cedars-programmes@hku.hk / www.cedars.hku.hk/hkustreerun

/ 2552 4211(Caritas Community Centre-Aberdeen)

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